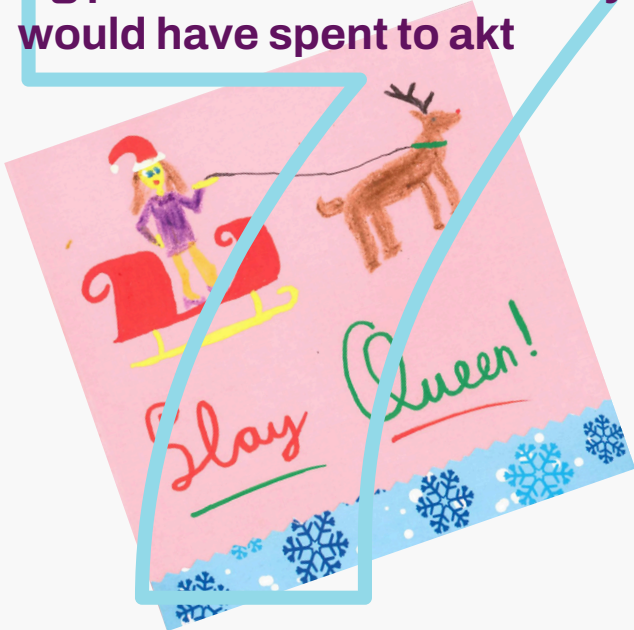


# akt ADVENT CALENDAR

OF KINDNESS

Send one of our virtual cards designed by a young person and donate what you would have spent to akt



Host a Christmas jumper day at work or with friends. Everyone donates to take part.



Check in on a friend you've not spoken to for a while



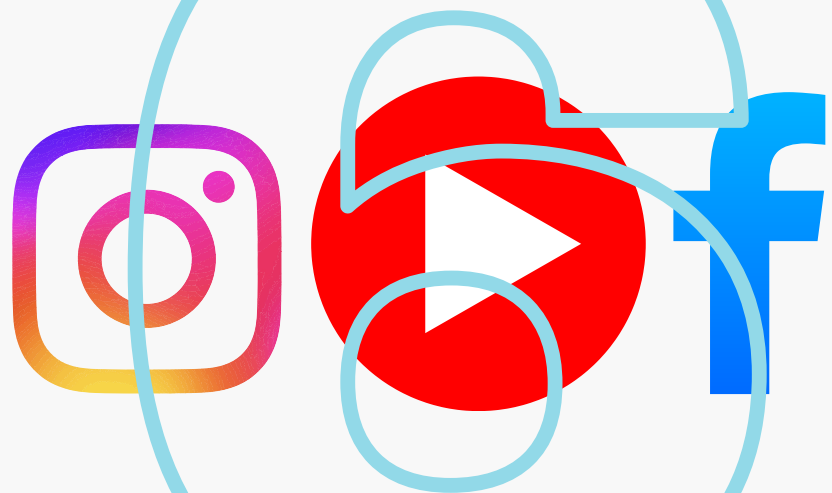
Skip your takeaway coffee/tea today and donate the money you save



Sign up to volunteer for akt



Follow akt on Social Media



Bonus points if you share one of our posts!

# akt ADVENT CALENDAR

OF KINDNESS

Donate to our winter appeal and send a message of support to LGBTQ+ young people



Organise a crafting evening



Donate to your local foodbank



Host an amateur drag night. Become drag queens and kings for the night.



Cook yourself your favourite meal



Wrap up warm and go for a lovely winter walk

