

Carbon Monoxide Checklist **akt**

Whole Home

- Install carbon monoxide alarms on every level of your home.
- Test alarms regularly and replace batteries when needed.
- Never block vents, chimneys, or flues.
- If your alarm sounds or you feel unwell (headaches, dizziness, nausea), get fresh air immediately and call for help.

Living Room

- Make sure any gas fires or heaters are serviced every year by a Gas Safe registered engineer.
- Keep air vents clear and never cover them, even if the room feels cold.
- Install a carbon monoxide alarm in the room and check it regularly.

Kitchen

- Never leave gas hobs or ovens on for heating your home.
- Make sure extractor fans and ventilation are working properly.
- Keep appliances clean and well maintained to ensure they burn fuel safely.

Bedroom

- If there is a fuel-burning appliance nearby, install a CO alarm close to where you sleep.
- Test your alarm monthly to make sure it is working properly.
- Never use portable heaters while sleeping.

Bathroom

- If you have a boiler in or near the bathroom, ensure it is checked every year.
- Keep the area around the boiler clear and well ventilated.

Boiler / Utility Area

- Make sure your boiler and all gas appliances get checked annually.
- Know where your gas meter is and how to turn it off in an emergency.
- Look out for warning signs like yellow/orange flames, soot, or pilot lights going out.

